

Order from the Kitchen

APPETIZERS

HUMMUS chickpeas pureed with tahini and lemon juice *vg gf* 4.75

BABA roasted eggplant pureed with garlic, tahini, and lemon juice *vg gf* 4.75

TABOULI chopped parsley, diced tomato and onion, bulgur, tossed with lemon juice, extra virgin olive oil, and herbs *vg* 4.75

FALAFEL mildly spiced vegetarian patties fried in peanut oil and served with tahini lemon dressing *vg gf n* 4.75

GRAPE LEAVES rolled grape leaves stuffed with rice, chickpeas, tomato, herbs, and spices *vg gf* 4.75

FRENCH FRIES fried in peanut oil and seasoned with za'atar (an ancient Mid-East herb) *vg gf n* 3.50

SPICY CAULIFLOWER florets fried in peanut oil, sprinkled with herbs and spices, topped with tahini lemon dressing and hot sauce *vg gf n* 4.75

VEGGIE STICKS carrot, celery, cucumbers, pickled cucumbers and turnips *great for dipping; good alternative to pita vg gf* 3.75

KIBBIE handcrafted croquettes of seasoned ground lean beef and bulgur filled with seasoned beef, onions, and pine nuts. fried in peanut oil *n* 5.25

ROLLED PITAS

BOAZ FALAFEL ROLLED falafel, tomatoes, pickled cucumbers and turnips, tahini lemon dressing *vg n* 5.45

HUMMUS FALAFEL ROLLED hummus, falafel, tomatoes, pickled cucumbers and turnips *vg n* 5.45

TAWOOK ROLLED grilled marinated chicken, tomatoes, pickled cucumbers and turnips, garlic sauce 5.45

CHICKEN SHAWARMA ROLLED grilled marinated chicken, tomatoes, onions, sumac, pickled cucumbers and turnips, tahini lemon dressing 5.45

BEEF SHAWARMA ROLLED grilled seasoned beef sirloin, tomatoes, onions, sumac, pickled cucumbers and turnips, tahini lemon dressing 5.45

LAMB ROLLED grilled seasoned lamb, tomatoes, onions, sumac, pickled cucumbers and turnips, tahini lemon dressing 5.45

CHICKEN CURRY ROLLED curried chicken, tomatoes, peas, onions, banana peppers, mango cilantro dressing 5.45

SOUP

LENTIL organic red lentils seasoned with herbs and spices, topped with fried pita chips *vg n* 3.75

SALADS

our greens are a mix of baby kale, arugula, spinach & romaine

FATTOUSH shredded lettuce, salata, and pita chips seasoned with za'atar (an ancient Mid-East herb), tossed with lemon juice, fresh garlic, sumac, extra virgin olive oil *vg* 6.95

TABOULI chopped parsley, diced tomatoes, onions, and bulgur, tossed with lemon juice, extra virgin olive oil, and herbs *vg* 6.95

FALAFEL SALAD mixed greens, falafel, salata, tahini lemon dressing *vg gf n* 6.95

SHAWARMA SALAD grilled seasoned beef sirloin, mixed greens, salata, parsley, boaz dressing *gf* 7.50

ENTREES

HUMMUS CHICKEN hummus topped with chopped grilled chicken, diced tomatoes, and parsley *gf* 7.25

HUMMUS SHAWARMA hummus topped with beef shawarma, diced tomatoes, and parsley *gf* 7.25

HUMMUS FALAFEL hummus topped with falafel, diced tomatoes, and parsley *vg gf n* 7.25

VEGAN COMBO hummus, tabouli, baba, falafel, and grape leaves *vg n* 7.25

BOAZ COMBO hummus, baba, falafel, kibbie, salata *n* 7.25

DRESSINGS & SAUCES

BOAZ DRESSING fresh garlic, olive oil, lemon juice, herbs and spices *vg gf*

TAHINI LEMON DRESSING sesame seed paste mixed with lemon juice *vg gf*

MANGO CILANTRO DRESSING *v gf*

GARLIC SAUCE *gf*

HOMEMADE HOT SAUCE *vg gf*

Build Your Own Bowl



7.00



Choose Your Base

greens

or

lentils &
brown rice

Choose Your Protein

beef
shawarma

or

grilled
chicken

Top It Off

hummus

or

baba

Add Some Color

salata

tabouli

quinoa

tomatoes

cabbage salad

pickled turnips

fresh bean mix

banana peppers

shredded carrots

pickled cucumbers

Dress It Up

tahini lemon dressing

hot sauce

boaz dressing

garlic sauce

mango cilantro dressing

vg vegan

gf gluten-free

v vegetarian

n contains nuts

Cheers To Your Health

FRESH PRESSED JUICES

vg gf

MEAN & GREEN kale, spinach, cucumber, celery, ginger 4.75

ENERGIZE carrot, apple, celery, lemon, cucumber 4.75

DETOX ginger, apple, beet, carrot 4.75

IMMUNE BOOSTER kale, spinach, cucumber, lemon, apple 4.75

ANTI-INFLAMMATORY orange, ginger, beet, carrot 4.75

EMPOWER lemon, orange, kale, spinach, ginger, apple, cucumber 4.75

NATURAL ENERGY celery, celery, more celery 4.75

SLIM TRIM celery, ginger, apple 4.75

EDGY VEGGIE celery, carrot, apple 4.75

to preserve nutrients & health benefits, we don't strain our juice

SMOOTHIES

vg gf

ALL GREEN apple, cucumber, banana, kale, spinach 4.75

TROPICAL STORM mango, guava, banana, pineapple 4.75

REJUVINATE orange, banana, mango, pineapple 4.75

YOUTHFUL GLOW carrot, mango, banana, pineapple 4.75

STRAWBERRY BLAST strawberry, pineapple, banana 4.75

Boost It! .40/EA

According to some studies, we gather some of the benefits of these superfoods:

CHIA SEEDS excellent source of omega-3 fatty acids; rich in antioxidants, fiber, iron and calcium; high in protein

WHEAT GERM excellent source of fiber, protein, complex carbohydrates, magnesium, zinc, and potassium; aids in healing and digestion

FLAXSEEDS high-fiber super food; rich in omega-3 fatty acids; improves digestion, aids in lowering blood pressure and cholesterol

BEVERAGES

POMEGRANATE / BLACK TEA 2.50

all iced tea is unsweetened

ALL-NATURAL CANE SUGAR SODAS 2.00

black cherry / lemon lime / cola / diet

COFFEE 1.75

camilla blend / french roast / decaf



Healthy, fresh Mediterranean eats

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Mon-Sat 11am-9pm • Sun 11am-6pm

