

Order from the Kitchen

SOUP

LENTIL organic red lentils seasoned with herbs and spices, topped with fried pita chip *vg n* 3.50

APPETIZERS

HUMMUS chickpeas pureed with tahini and lemon juice *vg gf* 4.75

BABA roasted eggplant pureed with garlic, tahini, and lemon juice *vg gf* 4.75

TABOULI chopped parsley, diced tomato and onion, bulgur, tossed with lemon juice, extra virgin olive oil, and herbs *vg* 4.75

FALAFEL mildly spiced vegetarian patties fried in peanut oil and served with tahini lemon dressing *vg gf n* 4.75

GRAPE LEAVES rolled grape leaves stuffed with rice, chickpeas, tomato, herbs, and spices *vg gf* 4.75

FRENCH FRIES fried in peanut oil and seasoned with za'atar (an ancient Mid-East herb) *vg gf n* 3.50

SPICY CAULIFLOWER florets fried in peanut oil, sprinkled with herbs and spices, topped with tahini lemon dressing and hot sauce *vg gf n* 4.75

VEGGIE STICKS carrot, celery, cucumbers, pickled cucumbers and turnips *great for dipping; good alternative to pita* *vg gf* 3.75

KIBBIE handcrafted croquettes of seasoned ground lean beef and bulgur filled with seasoned beef, onions, and pine nuts. fried in peanut oil *n* 5.25

ROLLED PITAS

BOAZ FALAFEL ROLLED falafel, tomatoes, pickled cucumbers and turnips, radishes, tahini lemon dressing, parsley *vg n* 5.50

HUMMUS FALAFEL ROLLED hummus, falafel, tomatoes, pickled cucumbers and turnips, parsley *vg n* 6.00

SPICY FALAFEL ROLLED falafel, tomatoes, pickled cucumbers and turnips, radishes, tahini lemon dressing, homemade hot sauce, parsley *vg n* 6.00

TAWOOK ROLLED grilled marinated chicken, tomatoes, pickled cucumbers and turnips, garlic sauce 6.00

CHICKEN SHAWARMA ROLLED grilled marinated chicken, tomatoes, onions, sumac, pickled cucumbers and turnips, tahini lemon dressing, parsley 6.00

BEEF SHAWARMA ROLLED grilled seasoned beef sirloin, tomatoes, onions, sumac, pickled cucumbers and turnips, tahini lemon dressing, parsley 6.00

LAMB ROLLED grilled seasoned lamb, tomatoes, onions, sumac, pickled cucumbers and turnips, tahini lemon dressing, parsley 6.00

CHICKEN CURRY ROLLED curried chicken, tomatoes, peas, onions, banana peppers, mango cilantro dressing 6.00

SALADS

our greens are a mix of baby kale, arugula, spinach & romaine

BOAZ SALAD mixed greens, salata, boaz dressing *vg gf* 6.95

FATTOUSH shredded lettuce, salata, and pita chips seasoned with za'atar (an ancient Mid-East herb), tossed with lemon juice, fresh garlic, sumac, extra virgin olive oil *vg* 6.95

SALATA tomatoes, cucumbers, green peppers, onions, and parsley, tossed with lemon juice and extra virgin olive oil *vg gf* 5.75

TABOULI chopped parsley, diced tomatoes, onions, and bulgur, tossed with lemon juice, extra virgin olive oil, and herbs *vg* 6.95

KALE QUINOA TABOULI baby kale and quinoa mixed with tabouli *vg* 6.95

FALAFEL SALAD mixed greens, falafel, salata, tahini lemon dressing *vg gf n* 6.95

POWER SALAD mixed greens, lentils & brown rice, hummus, salata, boaz dressing *vg* 7.50

SHAWARMA salad grilled seasoned beef sirloin, mixed greens, salata, parsley, boaz dressing *gf* 7.50

TAWOOK SALAD grilled marinated chicken, mixed greens, salata, parsley, boaz dressing *gf* 7.50

ENTREES

HUMMUS CHICKEN hummus topped with chopped grilled chicken, diced tomatoes, and parsley *gf* 7.25

HUMMUS SHAWARMA hummus topped with beef shawarma, diced tomatoes, and parsley *gf* 7.25

HUMMUS FALAFEL hummus topped with falafel, diced tomatoes, and parsley *vg gf n* 7.25

LENTILS & RICE steamed lentils & brown rice topped with salata *vg gf* 7.25

VEGAN COMBO hummus, tabouli, baba, falafel, and grape leaves *vg n* 7.25

BOAZ COMBO hummus, baba, falafel, kibbie, salata *n* 7.25

DRESSINGS & SAUCES

BOAZ DRESSING fresh garlic, olive oil, lemon juice, herbs and spices *vg gf*

TAHINI LEMON DRESSING sesame seed paste mixed with lemon juice *vg gf*

MANGO CILANTRO DRESSING *v gf*

GARLIC SAUCE *vg gf*

HOMEMADE HOT SAUCE *vg gf*

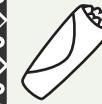
vg vegan

gf gluten-free

v vegetarian

n contains nuts

Build Your Own PITA OR BOWL 7.00



Choose Your Base

greens

or

lentils & brown rice

Choose Your Protein

beef shawarma

or

grilled chicken

Top It Off

hummus

or

baba

Add Some Color

salata

radishes

quinoa

pickled turnips

cabbage salad

banana peppers

fresh bean mix

tomatoes

shredded carrots

pickled cucumbers

Dress It Up

tahini lemon dressing

hot sauce

boaz dressing

garlic sauce

mango cilantro dressing

Cheers To Your Health

FRESH PRESSED JUICE

vg gf

MEAN & GREEN kale, spinach, parsley, cucumber, celery, ginger 4.25

ENERGIZE carrot, apple, celery, lemon, cucumber 4.25

DETOX ginger, apple, beet, carrot 4.25

IMMUNE BOOSTER kale, spinach, cucumber, parsley, lemon, apple 4.25

DIGESTION SUPPORT carrot, celery, spinach, parsley 4.25

ANTI-INFLAMMATORY orange, ginger, beet, carrot 4.25

EMPOWER blend lemon, orange, kale, spinach, ginger, apple, cucumber 4.25

SOLO SQUEEZE choose one: carrot, apple, orange, or grapefruit 4.25

to preserve nutrients & health benefits, we don't strain our juice

SMOOTHIES

ALL GREEN apple, cucumber, banana, kale, spinach, non-fat yogurt *v gf* 4.25

TROPICAL STORM mango, guava, banana, pineapple, non-fat yogurt *v gf* 4.25

REJUVINATE orange, banana, mango, pineapple *vg gf* 4.25

YOUTHFUL GLOW carrot, mango, banana, pineapple *vg gf* 4.25

STRAWBERRY BLAST strawberry, pineapple, banana, non-fat yogurt *v gf* 4.25

Boost It! .40/EA

CHIA SEEDS good source of omega-3 fatty acids, high in protein

WHEAT GERM excellent source of fiber, protein and complex carbohydrates; aids in healing and digestion

FLAXSEEDS high-fiber super food; rich in omega-3 fatty acids

BEVERAGES

POMEGRANATE / BLACK TEA 2.50

all iced tea is unsweetened

ALL-NATURAL CANE SUGAR SODAS 2.00

black cherry / lemon lime / cola / diet

COFFEE 1.75

camilla blend / french roast / decaf



Healthy, fresh Mediterranean eats

2549 Lorain Ave. Cleveland, OH
216.458.9225 • www.boazcafe.com

Mon-Sat 11am-9pm • Sun 11am-6pm

